

HEREFORDSHIRE / WORCS – ESAA MEDALLISTS

HEREFORDSHIRE – GIRLS

1950	S	JT	1	Yvonne Taylor
1952	J	LJ	2	P. M. Champion
1952	S	JT	3	Averil Williams
1953	J	70yH	2	Rosemarie J. Bowcott
1953	S	JT	2	Averil Williams
1955	I	80yH	3	Rosemarie J. Bowcott
1956	S	80mH	3	Rosemarie J. Bowcott
1957	S	JT	2	Ann Smith
1960	S	DT	2	C. Sanders

HEREFORDSHIRE – BOYS

1954	J	220y	1	William Cale
1955	J	440y	1	Michael J. Donovan
1955	J	80yH	3	John A. Watkins
1956	J	TJ	2	Melvyn Rooke
1956	I	220y	2	Michael J. Donovan
1957	J	HJ	1	Glyn Williams
1957	J	LJ	1	Mike Harris
1957	I	LJ	2	Ken T. Davies
1963	S	HJ	1	Charles Njoku
1965	S	JT	2	Kenneth Holmes
1970	I	DT	2	Robert Edwards

HEREFORDSHIRE / WORCS – ESAA MEDALLISTS

WORCESTERSHIRE – GIRLS

1953	J	DT	3	Betty Burling
1963	S	100y	1	Julie Need
1967	J	LJ	3	Lynda Webb
1969	I	LJ	3	Lynda Webb
1969	S	CC	2	April Threshire
1970	I	CC	2	Angela Holt
1972	J	LJ	2	Fiona Walker
1973	J	SP	1	Yvonne Stewart
1974	J	2.5k Walk	3	Jacqueline Williams

WORCESTERSHIRE – BOYS

1950	I	100y	3	P. Bloomer
1953	J	100y	1	J. Baldock
1953	I	880y	2	I. Dunn
1954	S	440y	1	Harold Smith
1955	J	JT	2	Terry Stewart
1956	S	1M	1	Jeff Eales
1956	S	1M	3	R. Thorn
1959	I	TJ	2	Tom Merry
1960	S	CC	2	John Cliff
1960	S	1M	1	John Cliff
1961	I	CC	1	Barry Smith
1963	S	100y	3	Colin Barthorpe
1965	J	TJ	3	J. Jones
1966	J	PV	3	S. James
1966	I	DT	3	P. Moss
1966	I	HJ	1	Keith White
1968	J	2m Walk	2	Paul Sturdy
1969	I	3k Walk	2	Paul Sturdy
1970	J	3k Walk	2	Kevin Sturdy
1970	I	3k Walk	1	Paul Sturdy
1971	I	3k Walk	2	Kevin Sturdy
1972	J	3k Walk	3	Paul Beard
1972	I	3k Walk	1	Kevin Sturdy
1973	J	100m	3	Michael Robertson
1973	J	DT	2	Russell Humphries
1973	I	400m	3	A. Pugh
1973	I	TJ	2	James Ritchie
1973	S	5k Walk	1	Kevin Sturdy
1974	J	3k Walk	1	Neil Oldnall
1974	S	TJ	2	James Ritchie

HEREFORDSHIRE / WORCS – ESAA MEDALLISTS

HEREFORDSHIRE & WORCS - GIRLS

1975	J	100m	1	Debbie Bunn	2000	I	300m	1	Eleanor Caney
1976	J	100m	3	Debbie Bunn	2000	S	200m	3	Rachael Harris
1976	J	4x100m	1	Hereford & Worcs	2001	J	3k Walk	3	Hayley Repton
1977	J	200m	2	Debbie Bunn	2001	S	200m	3	Eleanor Caney
1978	I	200m	1	Debbie Bunn	2002	J	1500m	2	Kirsty Law
1979	I	200m	1	Debbie Bunn	2002	I	800m	2	Anna Simmonds
1980	J	2.5k Walk	1	Karen Bowers	2003	I	PV	3	Rebecca Lilley
1980	S	200m	2	Debbie Bunn	2004	I	PV	2	Rebecca Lilley
1980	S	400mH	3	Wendy Adams	2004	S	800m	3	Anna Simmonds
1981	J	2.5k Walk	3	Ruth Sugg	2005	S	800m	3	Anna Simmonds
1982	J	2.5k Walk	3	Sharon Tonks	2005	S	PV	2	Rebecca Lilley
1982	I	3k Walk	3	Ruth Sugg	2006	S	PV	2	Rebecca Lilley
1983	I	3k Walk	1	Ruth Sugg	2007	I	300mH	2	Jenny White
1984	S	5k Walk	2	Ruth Sugg	2007	S	400m	3	Jade Peak
1985	J	CC	2	Lucy Field	2008	I	300mH	1	Jenny White
1985	J	2.5k Walk	2	Louise Pye	2009	J	CC	3	Alice Wright
1985	J	4x100m	3	Hereford & Worcs	2010	J	3k Walk	1	Tasha Webster
1985	I	400m	1	Nicki Lamb	2010	I	3000m	3	Alice Wright
1985	S	5k Walk	2	Jeanette Blundell	2011	I	CC	2	Alice Wright
1985	S	5k Walk	3	Ruth Sugg	2011	I	3k Walk	1	Tasha Webster
1987	S	400m	3	Nicki Lamb	2011	I	3000m	2	Alice Wright
1988	S	5k Walk	3	Sharon Tonks	2011	I	DT	3	Emma Crooke
1988	S	3000m	3	D. Harris	2013	S	4x100m	3	Hereford & Worcs
1989	S	JT	1	Dawn Haywood	2013	S	HJ	1	Ella Gibbons
1990	J	1500m	2	Esther Merchant	2014	I	HJ	2	Hannah Tapley
1990	I	3k Walk	2	Carla Jarvis	2016	J	HJ	2	Danielle Hopkins
1991	J	100m	1	Jo Sloane	2016	S	800m	3	Isobel Parry-Jones
1991	I	3k Walk	1	Carla Jarvis	2021	J	LJ	1	Ella Woods
1991	I	1500m	3	Esther Merchant	2021	I	HT	3	Charlotte Colbert
1992	J	100m	2	Joanne Beavan	2022	J	HJ	3	Natalie Seyler
1992	I	200m	2	Jo Sloane	2022	I	LJ	2	Ella Woods
1992	S	5k Walk	1	Carla Jarvis	2023	J	300m	2	Isabella Davies
1993	I	200m	1	Jo Sloane	2023	I	300mH	3	Ava Freeman
1994	S	400m	2	Jo Sloane	2024	S	400mH	3	Ava Freeman
1995	S	400m	1	Jo Sloane	2025	S	200m	2	Ava Freeman
1997	I	JT	3	Yvette Greenhouse	2025	S	LJ	2	Ella Woods

HEREFORDSHIRE / WORCS – ESAA MEDALLISTS

HEREFORDSHIRE & WORCS - BOYS

1975	J	3k Walk	2	M. Gresswell	1996	J	HJ	1	Dan Plank
1975	I	5k Walk	3	N. Hartles	1997	I	JT	3	Mike Tarran
1977	S	1500m	3	Huw Shakeshaft	1998	J	800m	3	Adam Davies
1978	I	CC	3	Michael Weaver	1998	J	SP	3	Nsa Harrison
1978	I	1500mST	2	David Bennett	1998	I	HJ	2	Dan Plank
1978	S	200m	2	C. Gore	1999	I	SP	2	Nsa Harrison
1979	J	3k Walk	1	Neil Corbett	2000	I	DT	1	Chris Levett
1980	I	1500m	3	Gary Corbett	2000	I	SP	2	Nsa Harrison
1980	I	3000m	3	Mark Dalloway	2001	I	1500mST	2	James Nickless
1980	I	JT	2	Alan Rock	2002	J	PEN	2	Oliver McNeillis
1981	J	JT	3	M. Walters	2003	J	CC	3	Christian Booker
1981	I	5k Walk	3	Neil Corbett	2003	I	LJ	1	Oliver McNeillis
1981	I	1500mST	3	Graham Birdsall	2003	I	PV	3	Simon Gower
1981	I	3000m	1	Adrian Passey	2003	S	100m	2	Stuart Barnes
1982	S	10k Walk	3	Neil Corbett	2004	J	800m	3	Christian Booker
1983	J	3k Walk	2	Steven Savage	2004	I	OCT	1	Oliver McNeillis
1983	I	5k Walk	2	Carl Tonks	2004	I	LJ	1	Oliver McNeillis
1983	S	800m	3	Martin Smith	2006	S	LJ	1	Oliver McNeillis
1984	J	3k Walk	2	Richard Gill	2008	I	DT	3	Adam Damadzic
1984	J	3k Walk	3	Steven Savage	2009	I	DT	1	Adam Damadzic
1984	J	400m	3	Tyrone Gilchrist	2010	I	200m	2	Alexander Bradnick
1985	J	200m	3	Damion Fletcher	2010	S	400mH	3	Ashley Hill
1985	I	5k Walk	3	Steven Savage	2011	S	4x100m	1	Hereford & Worcs
1985	S	10k Walk	1	Carl Tonks	2011	S	DT	2	Adam Damadzic
1986	I	3000m	3	Vaughan Harry	2013	I	OCT	1	Linton Gardiner
1986	S	10k Walk	3	Heath Lippett	2014	J	100m	3	Tyriq Bailey-Nicholls
1987	J	3k Walk	2	John Dowdeswell	2014	J	4x100m	1	Hereford & Worcs
1988	J	DT	2	Ian Fulloway	2014	S	DEC	3	Linton Gardiner
1988	I	3000m	3	Andrew Keith	2015	J	200m	2	James Andrews
1988	I	DT	1	Glen Smith	2015	I	OCT	3	Ben Clarke
1988	I	TJ	2	Mike Adebolu	2015	S	2000mST	2	Declan McManus
1988	S	4x100m	2	Hereford & Worcs	2015	S	LJ	3	Samuel Khogali
1989	S	1500m	2	Andrew Keith	2016	S	DEC	2	Ben Clarke
1990	I	5k Walk	3	Ian Perry	2017	S	HJ	2	Joel Clarke-Khan
1990	S	10k Walk	3	Darren Roirdon	2019	J	HT	1	Dylan Menhennet
1990	S	4x100m	3	Hereford & Worcs	2021	I	HT	2	Dylan Menhennet
1990	S	JT	1	Damian Wilkes	2021	S	DEC	2	Patrick Morgan
1991	J	400m	3	Andrew Daniel	2022	J	80mH	2	Ollie Dieppe
1991	I	DT	2	Ashley Knott	2022	I	HT	2	Jabez Berry
1992	I	100mH	1	Chris Pember	2023	I	800m	3	Jailan Sohna
1992	I	400mH	3	Jon Parker	2023	S	400m	3	Alex Houchin
1993	J	JT	3	Matthew Pedrick	2024	I	800m	3	Samuel Hembry
1993	S	400mH	2	Jon Parker	2025	J	SP	2	Sebastian Seldon

HEREFORDSHIRE / WORCS – ESAA MEDALLISTS

HEREFORDSHIRE & WORCS – BOYS (cont'd)

2025	I	DT	3	Rafi Wilkinson
2026	I	HT	3	Ted Freeman
2026	U19	400mH	2	Ollie Dieppe

HEREFORDSHIRE / WORCS – ESAA MEDALLISTS

HEREFORDSHIRE & WORCS – MIXED RELAY

2026 J 4 x 100m 3 Hereford & Worcs

ESAA Championship performances are shown in the abbreviated format *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

In 2026 the height of hurdles was changed for certain ages so Under-16 (U16), Under-18 (U18) and Under-19 (U19) races were held.

eeee Event (for example CC - Cross Country, OCT – Octathlon)

p Place achieved